

# Jogging de Gastuche

## 5.54 km



| Pl.            | Dos. BW | Nom Prénom             | Club              | Catég. | #Categ | Temps    | Vitesse    | Allure      |
|----------------|---------|------------------------|-------------------|--------|--------|----------|------------|-------------|
| <b>5.54 km</b> |         |                        |                   |        |        |          |            |             |
| 1              | 209     | MATTHYS Alexis         | Team M&m's Power  | H30-39 | 1.     | 00:19:14 | 17,28 km/h | 3:28 min/km |
| 2              |         | DEFAWE Jean-Baptiste   | Riwa              | H20-29 | 1.     | 00:19:59 | 16,63 km/h | 3:36 min/km |
| 3              |         | GALERIN Denis          | Riwa              | H30-39 | 2.     | 00:20:19 | 16,36 km/h | 3:40 min/km |
| 4              | 262     | CNOCQUART Sebastien    | Jtp Blancs Gilets | H40-49 | 1.     | 00:20:52 | 15,93 km/h | 3:45 min/km |
| 5              | 772     | MATHY Jean-Jacques     | Jcpmf Ramillies   | H40-49 | 2.     | 00:21:19 | 15,59 km/h | 3:50 min/km |
| 6              | 545     | VERSMISSEN Fabian      | Usbw              | H30-39 | 3.     | 00:21:47 | 15,26 km/h | 3:55 min/km |
| 7              | 386     | LO PRESTI Antoni       | Rcb               | H40-49 | 3.     | 00:22:06 | 15,04 km/h | 3:59 min/km |
| 8              | 612     | MARTINEZ David         | Running Grez      | H40-49 | 4.     | 00:22:43 | 14,63 km/h | 4:06 min/km |
| 9              | 983     | FLAMENT William        | Dog's Land Team   | H20-29 | 2.     | 00:24:02 | 13,83 km/h | 4:20 min/km |
| 10             | 530     | JOURDAIN Xavier        |                   | H40-49 | 5.     | 00:24:03 | 13,82 km/h | 4:20 min/km |
| 11             | 411     | VANDENTEMPEL Olivier   | Rcb               | H40-49 | 6.     | 00:24:05 | 13,80 km/h | 4:20 min/km |
| 12             |         | HERENG Olivier         | Riwa              | H40-49 | 7.     | 00:24:52 | 13,37 km/h | 4:29 min/km |
| 13             | 701     | DEGEEST Bastien        | Jtp Blancs Gilets | H30-39 | 4.     | 00:25:07 | 13,23 km/h | 4:32 min/km |
| 14             |         | LEDUC Sébastien        |                   | H30-39 | 5.     | 00:25:16 | 13,16 km/h | 4:33 min/km |
| 15             |         | KNOCKAERT Pascal       | Jcpmf Ramillies   | H40-49 | 8.     | 00:25:34 | 13,00 km/h | 4:36 min/km |
| 16             |         | METROT Véronique       | Rcb               | F40-49 | 1.     | 00:25:39 | 12,96 km/h | 4:37 min/km |
| 17             |         | BORIAU Alexandre       |                   | H30-39 | 6.     | 00:25:54 | 12,83 km/h | 4:40 min/km |
| 18             | 192     | FOBE Maxime            | Cnsw              | H15-19 | 1.     | 00:25:57 | 12,81 km/h | 4:41 min/km |
| 19             | 735     | DEHOVE Luc             | Rcb               | H40-49 | 9.     | 00:26:14 | 12,67 km/h | 4:44 min/km |
| 20             | 986     | GILLART Thévan         |                   | H20-29 | 3.     | 00:26:15 | 12,66 km/h | 4:44 min/km |
| 21             | 943     | INGEBOS Clément        |                   | H15-19 | 2.     | 00:26:21 | 12,61 km/h | 4:45 min/km |
| 22             | 254     | RATINCKX Jean-Philippe | Riwa              | H30-39 | 7.     | 00:26:43 | 12,44 km/h | 4:49 min/km |
| 23             | 465     | GUILLAUME Florian      |                   | H30-39 | 8.     | 00:27:43 | 11,99 km/h | 5:00 min/km |
| 24             | 756     | SOTTIAUX Jérôme        | Jtp Blancs Gilets | H40-49 | 10.    | 00:27:55 | 11,91 km/h | 5:02 min/km |
| 25             | 666     | LIÉGEOIS Nicolas       | Jett              | H40-49 | 11.    | 00:28:10 | 11,80 km/h | 5:05 min/km |
| 26             |         | DENDAL Didier          |                   | H50-59 | 1.     | 00:28:25 | 11,70 km/h | 5:07 min/km |
| 27             |         | GILBERT Morgane        |                   | F20-29 | 1.     | 00:28:56 | 11,49 km/h | 5:13 min/km |
| 27             | 373     | DE SCHAETZEN Cedric    | Rcb               | H50-59 | 2.     | 00:28:56 | 11,49 km/h | 5:13 min/km |
| 29             | 651     | SEGERS Charlotte       |                   | F20-29 | 2.     | 00:29:30 | 11,27 km/h | 5:19 min/km |
| 30             | 385     | LAMAUDIÈRE Stéphane    | Rcb               | H40-49 | 12.    | 00:29:44 | 11,18 km/h | 5:22 min/km |
| 31             | 774     | VANDECLISSE Maxime     | Jcpmf Msg         | H40-49 | 13.    | 00:29:45 | 11,17 km/h | 5:22 min/km |
| 32             | 911     | BOURTEMBOURG Fanny     | Cs Dyle           | F15-19 | 1.     | 00:30:36 | 10,86 km/h | 5:31 min/km |
| 33             | 737     | LAMINNE Benoit         |                   | H40-49 | 14.    | 00:30:40 | 10,84 km/h | 5:32 min/km |

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|-----|---------|---------------------|----------------------------------|---------|--------|----------|------------|-------------|
| 33  | 966     | HOYOIS Marc         |                                  | H50-59  | 3.     | 00:30:40 | 10,84 km/h | 5:32 min/km |
| 35  | 536     | LADURON Olivia      | Jtp Blancs Gilets                | F40-49  | 2.     | 00:30:56 | 10,75 km/h | 5:35 min/km |
| 36  | 698     | DEGEEST Gilles      | Jtp Blancs Gilets                | H30-39  | 9.     | 00:31:08 | 10,68 km/h | 5:37 min/km |
| 37  | 697     | LANDRAIN Alice      | Jtp Blancs Gilets                | F20-29  | 3.     | 00:31:12 | 10,65 km/h | 5:37 min/km |
| 38  | 859     | LAENENS Francis     | Axa Team                         | H70 & + | 1.     | 00:31:55 | 10,41 km/h | 5:45 min/km |
| 39  |         | HEULERS Christelle  | Jcpmf Msg                        | F40-49  | 3.     | 00:31:56 | 10,41 km/h | 5:45 min/km |
| 40  | 967     | HOYOIS Mathéo       |                                  | H15-19  | 3.     | 00:32:31 | 10,22 km/h | 5:52 min/km |
| 41  | 712     | MARIE Joyeux        | Jtp Blancs Gilets                | F20-29  | 4.     | 00:32:44 | 10,15 km/h | 5:54 min/km |
| 42  |         | GOFFIN Mathilde     | Jcpmf Ramillies                  | F40-49  | 4.     | 00:33:06 | 10,04 km/h | 5:58 min/km |
| 43  |         | VAN REIJSEN Cedric  | Jcpmf Msg                        | H30-39  | 10.    | 00:33:10 | 10,02 km/h | 5:59 min/km |
| 44  | 301     | RASBERRY Barry      | Brusselsbluemoonh3               | H50-59  | 4.     | 00:33:50 | 9,82 km/h  | 6:06 min/km |
| 45  | 162     | MATHIEU Celine      |                                  | F40-49  | 5.     | 00:33:53 | 9,81 km/h  | 6:06 min/km |
| 46  | 647     | NOEL Christophe     |                                  | H50-59  | 5.     | 00:34:06 | 9,75 km/h  | 6:09 min/km |
| 47  |         | VERGAUWEN Audrey    |                                  | F30-39  | 1.     | 00:34:14 | 9,71 km/h  | 6:10 min/km |
| 47  |         | BANNER Carol        | Jcpmf Msg                        | F50-59  | 1.     | 00:34:14 | 9,71 km/h  | 6:10 min/km |
| 49  | 736     | VANTUYCOM Helene    |                                  | F30-39  | 2.     | 00:34:26 | 9,65 km/h  | 6:12 min/km |
| 50  |         | EVERAERTS Noémie    | Canicross For Fun Brabant Wallon | F15-19  | 2.     | 00:34:43 | 9,57 km/h  | 6:15 min/km |
| 51  | 727     | MARCHAL Virginie    |                                  | F40-49  | 6.     | 00:35:02 | 9,49 km/h  | 6:19 min/km |
| 52  |         | SMEEKENS Elodie     | Titan                            | F30-39  | 3.     | 00:35:17 | 9,42 km/h  | 6:22 min/km |
| 53  |         | FANUEL Laurine      |                                  | F15-19  | 3.     | 00:35:25 | 9,39 km/h  | 6:23 min/km |
| 54  | 681     | VANDERLINDEN Daniel | Tou'sport1                       | H40-49  | 15.    | 00:35:42 | 9,31 km/h  | 6:26 min/km |
| 54  |         | VAN RUYMBEKE Julie  |                                  | F15-19  | 4.     | 00:35:42 | 9,31 km/h  | 6:26 min/km |
| 56  |         | STEKETEE Margot     | Canicross For Fun Brabant Wallon | F40-49  | 7.     | 00:35:49 | 9,28 km/h  | 6:27 min/km |
| 57  | 880     | OLIVERI Giorgio     | Brusselsbluemoonh3               | H50-59  | 6.     | 00:35:54 | 9,26 km/h  | 6:28 min/km |
| 58  | 181     | VAN LAER Yves       | Je Cours A Incourt               | H50-59  | 7.     | 00:36:06 | 9,21 km/h  | 6:30 min/km |
| 59  | 604     | HENDERYCKX Pierre   | Running Grez                     | H50-59  | 8.     | 00:36:21 | 9,14 km/h  | 6:33 min/km |
| 59  | 603     | GORIE Susan         | Running Grez                     | F50-59  | 2.     | 00:36:21 | 9,14 km/h  | 6:33 min/km |
| 61  |         | BORLÉE Marie-Noëlle |                                  | F40-49  | 8.     | 00:36:37 | 9,08 km/h  | 6:36 min/km |
| 62  | 159     | LOMMERS Anne        | Je Cours A Incourt               | F50-59  | 3.     | 00:36:53 | 9,01 km/h  | 6:39 min/km |
| 63  | 775     | VANDENHOVEN Adeline | Jcpmf Msg                        | F40-49  | 9.     | 00:36:59 | 8,99 km/h  | 6:40 min/km |
| 64  |         | CLAEYS Renaud       |                                  | H40-49  | 16.    | 00:37:45 | 8,81 km/h  | 6:48 min/km |
| 65  |         | DELAMARE Jerome     |                                  | H30-39  | 11.    | 00:37:52 | 8,78 km/h  | 6:50 min/km |
| 66  |         | PETIT Geraldine     | Bin                              | F40-49  | 10.    | 00:37:57 | 8,76 km/h  | 6:51 min/km |
| 67  | 965     | MELEK Zumbultas     |                                  | F40-49  | 11.    | 00:38:14 | 8,69 km/h  | 6:54 min/km |
| 68  | 173     | PIRCAK Véronique    | Je Cours A Incourt               | F40-49  | 12.    | 00:38:20 | 8,67 km/h  | 6:55 min/km |

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|-----|---------|------------------------|----------------------------------|---------|--------|----------|-----------|-------------|
| 69  | 442     | MUNEAN Sevanee         | Jtp Blancs Gilets                | F30-39  | 4.     | 00:38:32 | 8,63 km/h | 6:57 min/km |
| 70  | 803     | NGUYEN Evelyne         |                                  | F40-49  | 13.    | 00:38:52 | 8,55 km/h | 7:00 min/km |
| 70  | 894     | DE GRÈVE Sébastien     | Cs Dyle                          | H40-49  | 17.    | 00:38:52 | 8,55 km/h | 7:00 min/km |
| 72  | 491     | FALLIER Clovis         | Team Mahia                       | H15-19  | 4.     | 00:39:32 | 8,41 km/h | 7:08 min/km |
| 73  | 1004    | HOUSSEIN Nathalie      | Nac                              | F50-59  | 4.     | 00:39:44 | 8,37 km/h | 7:10 min/km |
| 74  |         | DEBUISSON Laura        |                                  | F30-39  | 5.     | 00:40:01 | 8,31 km/h | 7:13 min/km |
| 75  |         | GUFFENS Marie-Laure    | Jtp Blancs Gilets                | F40-49  | 14.    | 00:40:07 | 8,29 km/h | 7:14 min/km |
| 76  |         | BOTHY Lucie            | Running Grez                     | F30-39  | 6.     | 00:40:11 | 8,27 km/h | 7:15 min/km |
| 77  | 121     | BAUDOUX Véronique      |                                  | F40-49  | 15.    | 00:40:33 | 8,20 km/h | 7:19 min/km |
| 78  |         | MARIQUE Géraldine      |                                  | F30-39  | 7.     | 00:41:00 | 8,11 km/h | 7:24 min/km |
| 78  |         | JANDRAIN Anne          | Jcpmf Ramillies                  | F40-49  | 16.    | 00:41:00 | 8,11 km/h | 7:24 min/km |
| 80  |         | PAUWELS Myriam         | Sptw                             | F50-59  | 5.     | 00:41:07 | 8,08 km/h | 7:25 min/km |
| 81  | 722     | DOYEN Laurence         | Jtp Blancs Gilets                | F40-49  | 17.    | 00:41:09 | 8,08 km/h | 7:25 min/km |
| 82  |         | FOURIAU Laurence       |                                  | F30-39  | 8.     | 00:41:11 | 8,07 km/h | 7:26 min/km |
| 83  |         | STACHE Eddy            | Running Grez                     | H60-69  | 1.     | 00:41:14 | 8,06 km/h | 7:26 min/km |
| 84  | 660     | LOMBA Julos            |                                  | H70 & + | 2.     | 00:41:16 | 8,05 km/h | 7:26 min/km |
| 85  |         | MICHIELS Estelle       |                                  | F40-49  | 18.    | 00:41:34 | 8,00 km/h | 7:30 min/km |
| 86  |         | VERSCHUEREN Marguerite | Running Grez                     | F50-59  | 6.     | 00:41:42 | 7,97 km/h | 7:31 min/km |
| 87  |         | GARAIN Béatrice        | Sptw                             | F40-49  | 19.    | 00:42:00 | 7,91 km/h | 7:34 min/km |
| 88  | 117     | FINE Paul              | Rcb                              | H60-69  | 2.     | 00:42:44 | 7,78 km/h | 7:42 min/km |
| 89  |         | POLEYN Maud            |                                  | H20-29  | 4.     | 00:42:47 | 7,77 km/h | 7:43 min/km |
| 90  |         | HENIN Sabrina          |                                  | F30-39  | 9.     | 00:42:49 | 7,76 km/h | 7:43 min/km |
| 91  | 678     | MOREAU Patricia        | Antilob                          | F60-69  | 1.     | 00:44:09 | 7,53 km/h | 7:58 min/km |
| 92  |         | NOËL Amandine          |                                  | HCF     | 1.     | 00:44:53 | 7,41 km/h | 8:06 min/km |
| 93  |         | LOUIS Stéphanie        | Running Grez                     | F30-39  | 10.    | 00:44:57 | 7,39 km/h | 8:06 min/km |
| 94  |         | BOLLÉ Marie-Pierre     | Jcpmf Genappe                    | F50-59  | 7.     | 00:45:09 | 7,36 km/h | 8:08 min/km |
| 95  |         | COLFS Nathalie         | Canicross For Fun Brabant Wallon | F40-49  | 20.    | 00:45:20 | 7,33 km/h | 8:10 min/km |
| 96  |         | DE LATTER Laurence     | La Bande À Bono                  | F40-49  | 21.    | 00:46:54 | 7,09 km/h | 8:27 min/km |
| 97  | 470     | DUPONT Henri           | James                            | H60-69  | 3.     | 00:48:07 | 6,91 km/h | 8:41 min/km |
| 98  |         | QUOIDBACH Terry        | Jcpmf@gnap                       | F40-49  | 22.    | 00:48:15 | 6,89 km/h | 8:42 min/km |
| 99  |         | DECASTIAU Muriel       |                                  | F40-49  | 23.    | 00:49:59 | 6,65 km/h | 9:01 min/km |
| 100 | 366     | BÉBÉ Jean              | Rcb                              | H70 & + | 3.     | 00:50:05 | 6,64 km/h | 9:02 min/km |
| 101 |         | PIERSON Nicole         | Running Grez                     | F70 & + | 1.     | 00:54:00 | 6,16 km/h | 9:44 min/km |
| 102 |         | DEMEULENAERE Valérie   | Running Grez                     | F40-49  | 24.    | 00:54:31 | 6,10 km/h | 9:50 min/km |
| 103 | 368     | BÉBÉ HATTON Arlette    | Rcb                              | F70 & + | 2.     | 00:55:00 | 6,04 km/h | 9:55 min/km |

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|-----|---------|-----------------------|--------------------|---------|--------|----------|-----------|--------------|
| 103 | 367     | BÉBÉ Janick           | Rcb                | F50-59  | 8.     | 00:55:00 | 6,04 km/h | 9:55 min/km  |
| 105 | 615     | PICARD Marie-France   | Running Grez       | F70 & + | 3.     | 00:55:52 | 5,95 km/h | 10:05 min/km |
| 106 | 407     | SURNY Marie-Blanche   | Rcb                | F60-69  | 2.     | 00:56:00 | 5,94 km/h | 10:06 min/km |
| 106 | 984     | DEBEKKER Alain        | Rcb                | H70 & + | 4.     | 00:56:00 | 5,94 km/h | 10:06 min/km |
| 108 | 611     | LECOQC Colette        | Running Grez       | F60-69  | 3.     | 00:57:13 | 5,81 km/h | 10:19 min/km |
| 109 | 679     | DEKEYSER Pascal       | Antilob            | H60-69  | 4.     | 01:04:59 | 5,12 km/h | 11:43 min/km |
| 110 |         | GOOSSENS René         | Rcb                | H70 & + | 5.     | 01:06:00 | 5,04 km/h | 11:54 min/km |
| 111 |         | WARIN Didier          |                    | H50-59  | 9.     | 01:56:00 | 2,87 km/h | 20:56 min/km |
| 111 |         | USEO Marie Noelle     |                    | F50-59  | 9.     | 01:56:00 | 2,87 km/h | 20:56 min/km |
| 113 |         | GERLACHE Véronique    |                    | F50-59  | 10.    | 02:03:00 | 2,70 km/h | 22:12 min/km |
| 113 |         | DENIS Patricia        |                    | F50-59  | 10.    | 02:03:00 | 2,70 km/h | 22:12 min/km |
| 113 |         | DENIS Laëtitia        |                    | F30-39  | 11.    | 02:03:00 | 2,70 km/h | 22:12 min/km |
| 116 |         | WARNIER Marie         |                    | F40-49  | 25.    | 02:05:00 | 2,66 km/h | 22:33 min/km |
| 116 |         | VANDEBUSSCHE Sandrine |                    | F30-39  | 12.    | 02:05:00 | 2,66 km/h | 22:33 min/km |
| 116 |         | SPANOGHE Geraldine    |                    | F40-49  | 25.    | 02:05:00 | 2,66 km/h | 22:33 min/km |
| 116 |         | RUIDANT Marie-Aude    |                    | F40-49  | 25.    | 02:05:00 | 2,66 km/h | 22:33 min/km |
| 116 |         | PRADE Marianne        |                    | F40-49  | 25.    | 02:05:00 | 2,66 km/h | 22:33 min/km |
| 116 |         | PONCELET Aurelie      |                    | F40-49  | 25.    | 02:05:00 | 2,66 km/h | 22:33 min/km |
| 116 | 684     | PEROO Clara           | Jcpmf Msg          | F15-19  | 5.     | 02:05:00 | 2,66 km/h | 22:33 min/km |
| 116 |         | NOTERMAN Robin        | Je Cours A Incourt | H20-29  | 5.     | 02:05:00 | 2,66 km/h | 22:33 min/km |
| 116 |         | MOULART Geoffrey      | Msg                | F40-49  | 25.    | 02:05:00 | 2,66 km/h | 22:33 min/km |
| 116 |         | MAUDOUX Marion        |                    | F20-29  | 5.     | 02:05:00 | 2,66 km/h | 22:33 min/km |
| 116 |         | LECLERCQ Jennifer     |                    | F40-49  | 25.    | 02:05:00 | 2,66 km/h | 22:33 min/km |
| 116 |         | LAMBERT Nicolas       | Jcpmf Msg          | H40-49  | 18.    | 02:05:00 | 2,66 km/h | 22:33 min/km |
| 116 | 443     | HEYSECOM Eric         | Jtp Blancs Gilets  | H50-59  | 10.    | 02:05:00 | 2,66 km/h | 22:33 min/km |
| 116 | 604     | HENDERYCKX Pierre     | Running Grez       | H50-59  | 10.    | 02:05:00 | 2,66 km/h | 22:33 min/km |
| 116 | 144     | GALLE Emilie          | Je Cours A Incourt | F20-29  | 5.     | 02:05:00 | 2,66 km/h | 22:33 min/km |
| 116 |         | FRENNET Aurelie       |                    | F40-49  | 25.    | 02:05:00 | 2,66 km/h | 22:33 min/km |
| 116 |         | FOUSS Gerard          | Jtp Blancs Gilets  | H50-59  | 10.    | 02:05:00 | 2,66 km/h | 22:33 min/km |
| 116 |         | FONCK Gwendolien      | Running Grez       | F40-49  | 25.    | 02:05:00 | 2,66 km/h | 22:33 min/km |
| 116 |         | FOBERT Marine         |                    | F30-39  | 12.    | 02:05:00 | 2,66 km/h | 22:33 min/km |
| 116 |         | FLAMENT Aurelie       |                    | F40-49  | 25.    | 02:05:00 | 2,66 km/h | 22:33 min/km |
| 116 |         | DELCORPS Sandrine     |                    | F40-49  | 25.    | 02:05:00 | 2,66 km/h | 22:33 min/km |
| 116 |         | DAMBLY Julie          |                    | F40-49  | 25.    | 02:05:00 | 2,66 km/h | 22:33 min/km |
| 116 |         | CHARLIER Thierry      |                    | H50-59  | 10.    | 02:05:00 | 2,66 km/h | 22:33 min/km |

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|-----|---------|-------------------|----------------------------------|--------|--------|----------|-----------|--------------|
| 116 |         | BONNE Françoise   |                                  | F50-59 | 12.    | 02:05:00 | 2,66 km/h | 22:33 min/km |
| 116 |         | BOCSKAY Alexandre |                                  | H40-49 | 18.    | 02:05:00 | 2,66 km/h | 22:33 min/km |
| 116 | 776     | BARRAS Mireille   | Jcpmf Msg                        | F40-49 | 25.    | 02:05:00 | 2,66 km/h | 22:33 min/km |
| 116 |         | BAELUS Sarah      | Canicross For Fun Brabant Wallon | F30-39 | 12.    | 02:05:00 | 2,66 km/h | 22:33 min/km |